

THE ABC'S OF BEHAVIOR MANAGEMENT

- A**lways consider the child's feelings – avoid embarrassing a child.
- B**e alert and observant. This is perhaps the most effective way to prevent problems before they occur.
- C**hoose your words carefully when problems do arise.
- D**iscipline yourself. In other words, control your temper.
- E**xcessive flattery as a technique to motivate or control is ineffective.
- F**irmness and fairness should abide.
- G**ood humor goes a long way.
- H**andle problems without threatening.
- I**gnore those behaviors that are just ploys to get attention.
- J**oin your child by the hand to supervise them as you walk or cross the street.
- K**eep this simple idea in mind – children are not problems, but rather may have problems.
- L**ead and train children in everyday activities.
- M**ake positive statements as much as possible.
- N**ever underestimate the power of your appearance and behavior.
- O**ptions are important to children.
- P**roximity – stay close as an effective preventative approach.
- Q**uiet activities can be just as much fun as noisy ones.
- R**outines and rules should be consistent and clear.
- S**how children you are up for the challenge of parenting.
- T**ry to predict what would confuse or distract children.
- U**se natural consequences to unacceptable behaviors.
- V**alue your child and spend as much one-on-one time as possible together.
- W**atch the amount of attention you give to individual children.
- X**-pect to have fun.
- Y**elling is not effective with children.
- Z**oom in and handle problems quickly.

