

## Updated 2021-2022 COVID-19 Guidelines for Your Athlete

*This document serves to inform BA student athletes and families of important updates in regulations regarding COVID-19.*

**When a student athlete on an athletic team contracts COVID-19, we do not anticipate quarantining the entire team.**

### **FOR COVID-19 POSITIVE ATHLETES:**

**If your athlete is diagnosed with COVID-19, they will not be allowed to attend in person school or participate in athletic activities for a minimum of 10 days from the start of symptoms.** Your student athlete will be required to have a post-infection physical and release form signed by their pediatrician or family medicine physician before returning to practice. They will have a recondition period where they will re-acclimate to sports participation.

### **FOR CLOSE CONTACT ATHLETES:**

**If your student athlete is identified as a school related close contact of a COVID-19 positive student inside the classroom, and your student is asymptomatic, they can return to sports.** Your athlete will be required to check in with Nurse Dabbs once a day for a symptoms check.

**\*\*Special Circumstance:** By contact tracing, if the school identifies a higher risk group where a rising number of students are turning positive within a connected group, these students will be transitioned to at-home learning and not allowed to participate in sports for a minimum of 7 days. Your athlete can return to school, practice, and competition after a FULL 7 days with a NEGATIVE COVID test (test must be performed on or after day 5 of quarantine) OR if they elect not to test, can return to practice after completion of a FULL 10 days of quarantine. Students who are fully vaccinated will not have to quarantine or be removed from sports participation.

Besides vaccination, the ONLY other exception to quarantine is the 90-day window following a positive test for COVID-19. There will be NO allowances for antibody testing or a previous COVID infection longer than 90 days.

**If your student athlete lives in a home with a family member or person who is diagnosed with COVID-19, they are considered a close contact and will be quarantined and not allowed to participate in sports or school.** The amount of days in this situation varies (typically 10-24 days), please refer to DPH guidelines and contact Heather Dabbs, RN [hdabbs@bullochacademy.com](mailto:hdabbs@bullochacademy.com) to understand potential return date. If your student is fully vaccinated, they **will not be required** to be quarantined, even if they live in a home with someone with COVID (unless symptomatic).

## **BUS RIDES:**

On bus rides for athletic competitions, athletes are asked to distance themselves and space, and encouraged to mask. If an athlete tests positive for COVID-19 within 48 hours of a bus ride, students will be contact-traced and you will be notified if your student was exposed. For bus rides over 4 cumulative hours in 24 hours, all athletes riding the bus will be considered a contact and you will be notified. Athletes will be spaced on bus rides in anticipation of this event.

If your athlete is identified as having symptoms of COVID-19, we encourage you to have them evaluated by a healthcare provider and tested. Please act responsibly in this regard to accurately diagnose your child and also protect other athletes and their families. If you choose for your child not to be evaluated, they will be removed from school and athletic participation for a minimum of 14 days. When making this decision, please remember your reluctance to have your athlete evaluated and tested puts other athletes and families at risk.

**Please be aware that your student's participation in athletics may put your athlete at increased risk of contracting COVID-19, major adverse health risks associated with COVID-19, and interruptions in education. Athletic participation also may put you and your family at increased risk of contracting COVID-19 due to the increased contact through athletic participation.**

**By allowing your child to participate in athletic activities you understand that this may cause disruption to their education. Their increased risk of exposure could potentially have harmful health consequences to your athlete, yourself, and your family from potential increased spread of COVID-19. By allowing your student to participate in athletics, you accept this risk.**

If you have questions regarding your student's health or need access to testing, we can help connect you with testing resources in our community. Please contact Heather Dabbs, RN during school hours, [hdabbs@bullochacademy.com](mailto:hdabbs@bullochacademy.com) for questions.

*Updated August 2021*